

MEDICAL STAFF UPDATE

ST. DAVID'S NORTH AUSTIN MEDICAL CENTER • SUMMER 2016

Message from the CEO

You may have recently heard about the launch of St. David's HealthCare's new ad campaign. Over the last month, I hope you have seen and heard the TV and radio commercials and perhaps driven by a few of the billboards. The message of these advertisements is quite clear: the best is here. But what does that mean for our community? While St. David's HealthCare has received numerous national recognitions, we recognized that public awareness of our accomplishments could be strengthened.



Allen Harrison,
Chief Executive Officer

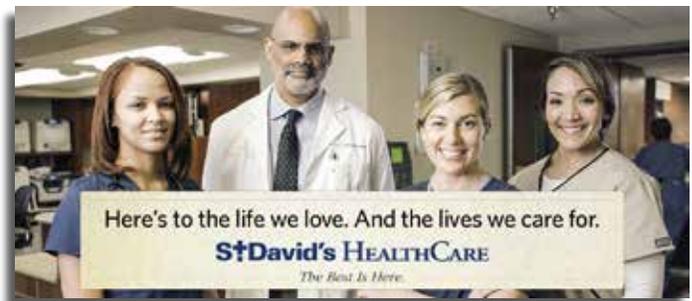
The new tagline—**The Best is Here**—is a bold statement, and it represents the following key messages:

- People are passionate about living in Central Texas—they consider it to be the best place in the country to live, work and play.
- People in our community are fortunate to have the best of so many things—activities, arts, entertainment, environment, food, etc. They have grown to expect the best—and we believe they deserve the best.
- When it comes to healthcare, the best is here—at St. David's HealthCare.

If you haven't seen any of these new advertisements yet, I encourage you to visit stdavidbest.com to take a look. A sample of each piece of the advertising campaign has been loaded onto the website for you to view and share. The primary goal behind creating this campaign was to highlight the incredible work that you do on a daily basis.

As you will see within the pages of this newsletter, the recognition St. David's North Austin Medical Center has received validates the theme of "The Best is Here." And, as is noted in the article regarding the major investment St. David's HealthCare is making in Central Texas, the best is about to get bigger.

These are exciting times, and I feel immensely proud to work for St. David's North Austin Medical Center. I hope that each of you will feel a similar sense of pride and ownership. You are the ones who provide exceptional care to every patient, every day. You are the ones who make St. David's "the best," and you are the reason we have such a remarkable story to share.



Yours in service,



Allen Harrison
Chief Executive Officer

Mission: To provide exceptional care to every patient, every day with a spirit of warmth, friendliness and personal pride.

Vision: To be the finest care and service organization in the world.

Values: ICARE ~ Integrity, Compassion, Accountability, Respect, Excellence • **Goals:** Exceptional Care, Customer Loyalty and Financial Strength

Dr. Boruchow Named Physician of the Quarter

Dr. Boruchow sets a high standard for himself and serves as a role model for staff. As the Stroke Medical Director, Dr. Boruchow can be counted on to do the right thing for his patients. He is a dedicated leader who works hard to improve the program as well as patient outcomes and satisfaction. Through his guidance and leadership, we have seen improvements in neuro response times for patients.

Dr. Boruchow's involvement with CATRAC and St. David's HealthCare extends his expertise throughout the community.

Dr. Boruchow takes time to educate his patients and their families, and ensures that they understand the plan of care. He maintains an approachable demeanor, which is appreciated by families as well as staff. Dr. Boruchow's highest priority is providing quality care for patients, which is reflected in the success of our program.

1st Quarter, 2016
Scott Boruchow, MD,
Stroke Medical Director



SDNAMC Names Frist Humanitarian Award Recipients

Named in honor of Dr. Thomas F. Frist, Sr., a founder of HCA, the Frist Humanitarian Award recognizes a physician, employee and volunteer from HCA-affiliated facilities who serve the community and those in need, and whose daily dedication and caregiving epitomize the highest standards of quality and personal commitment.



Congratulations to (left to right) Susan Jarvis, Ramon Austria, and Richard Tallman, MD. The Frist Humanitarian Award recipients are standing with Allen Harrison, CEO.

*Congratulations to the SDNAMC
 Frist Humanitarian Award recipients:*

Richard Tallman, MD, Neurologist
(Physician winner)

Ramon Austria, MSN, RN
(Employee winner)

Susan Jarvis, Volunteer, NICU
(Volunteer winner)

Dr. Tallman has an impressive track record of community involvement. He is a former board member of the Executive Committee of Travis County Medical Society's Project Access, which is a coordinated system of volunteer physician care, hospital care, diagnostic services and medication assistance for low-income uninsured persons in Travis County. He is also active in his church, and generously opened his home to a husband and wife who had lost their jobs and were homeless. Dr. Tallman's support during this family's time of hardship eased their worries as they sought new employment.

Dr. Tallman is also a former member of the Indigent Care Collaborative, a community non-profit group that brings access to care for the uninsured in Central Texas. He was named one of the *Austin Monthly* Top Doctors for 2014 and 2015, as well as a *Texas Monthly* Super Doctor 2004-2006, 2010 and 2014.

Texas Institute for Robotic Surgery Physicians Lead Nation in First Single-Site Procedures with New **da Vinci Xi Surgical System**

In late March, Devin Garza, MD, a surgeon at the Texas Institute for Robotic Surgery at St. David's North Austin Medical Center, was the first general gynecologist in the U.S. to perform a single-site hysterectomy using the new da Vinci Xi Single-Site Surgical System days after approval from the U.S. Food and Drug Administration (FDA).

Dr. Garza performed the procedure—which involves the removal of a woman's uterus—on two patients following recent approval of this revolutionary platform. The system enables surgeons, in many cases, to remove a woman's uterus via access through an incision in the navel that is approximately two centimeters in length. This gives many women the option to have their robotic hysterectomy performed in a more cosmetic approach.

Additionally, Francis Buzad, MD, was the first general surgeon in Texas and among the first in the nation to perform a robotic single-site laparoscopic cholecystectomy on the da Vinci Xi platform to remove a patient's gallbladder. The new technology allows surgeons to better visualize the patient's anatomy, therefore improving the precision and efficiency of the procedure, and reducing recovery time and the potential risk for complications.

"The new Xi single-site platform provides an increased range of motion, easier setup and improved vision for an overall better surgical experience for the surgeon and patient," Thomas Payne, MD, Medical Director of the Texas Institute for Robotic Surgery, said. "These procedures are among a long, growing list of 'first in the nation' cases for our surgeons affiliated with the Texas Institute for Robotic Surgery."



SDNAMC Holds STEMI Survivor Reunion



Earlier this year, St. David's North Austin Medical Center hosted a STEMI survivor reunion to bring together former patients and their caregiver. The event was featured in the *Austin American-Statesman*. In the photo are (left to right) Allen Harrison, CEO, St. David's North Austin Medical Center; STEMI survivor and Hyde Park football coach Dean Campbell; Dr. Manish Chauhan, cardiologist; and Dr. Robert Wozniak, cardiologist.

Codeine Safety and Regulation for the Breast Feeding Mom

The American Academy of Pediatrics has classified codeine as a medication that is compatible with breastfeeding; however, there remain concerns that some infants may be at risk from the mother's consumption of codeine.

Codeine is converted to morphine by the cytochrome P450 2D6 enzyme found in the liver. In most individuals, codeine is metabolized normally. In some individuals, codeine is ineffective for lack of the metabolizing gene. A third group of individuals have several variations of the metabolizing gene and are considered ultra-rapid metabolizers. Those who are ultra-rapid metabolizers can have an excessive buildup of morphine, which could be potentially toxic to breast fed infants. There has been one report of an infant death related to an ultra-rapid metabolizer. Hydrocodone is often a preferred alternative to mothers who are

ultra-metabolizers of codeine or those who are uncertain of their hypermetabolism status. Hydrocodone may also be passed to the infant via the mother's milk, but is usually safe in low doses and less of a concern. Since the move of hydrocodone to schedule II classification, prescribers are more reluctant to use hydrocodone products.

Due to these concerns, some organizations have recommended:

- Breast feeding mothers who are unsure of their status or if rapid metabolizers (if using codeine) should use only lower doses of codeine and limit use to 2-4 days or consider other products such as hydrocodone, acetaminophen or NSAIDs.
- Warn mothers using any controlled medication to be aware of CNS sedation in both the mother and

infant and to consult their physician immediately for symptoms including failure to feed, sedation, limpness and failure to gain weight.

- Although ultra-rapid metabolizers of codeine can happen in any population, a higher incidence seems to be in people from North Africa, Ethiopia and Saudi Arabia.

For more information, please contact the SDNAMC Pharmacy Department or information can be found at: <http://www.fda.gov/Drugs/DrugSafety/Postmarket-DrugSafetyInformationforPatientsand-Providers/ucm118113.htm>

SDNAMC Units Earn HCA Honors

The Unit of Distinction Award recognizes the top performing Med/Surg units across HCA. Congratulations to *4North*, which was recognized as Unit of Distinction, top 5% of HCA Med/Surg units, and to *4East* and *3North*, which received Honorable Mention (top 10%). The award recognizes excellence in three categories: Leadership, Clinical Practice and Operations.

Clinical Documentation Improvement (CDI) Tips

TIP 1

The Disappearing Diagnosis

Problem: Patient with a stated diagnosis in ED (or H&P) and the diagnosis is not stated again in the record. Sepsis is commonly seen as a disappearing diagnosis.

Resolution: Please clarify if diagnosis is resolved or ruled out.

Etiological Diagnoses

- Make a clear link to diagnoses with manifestations
 - Lupus Nephritis
 - Diabetic Vascular Ulcer

Incomplete Diagnoses

- Heart failure – Need Type and Acuity
- CKD – Need Stage
- Malnutrition – Need Severity

TIP 2

Avoiding a Query

Document specific stage or severity. Avoid using ranges. For coding purposes, clarify if a diagnosis has progressed to a more severe stage.

EXAMPLES

CKD stage 3-4 must be clarified as any of the following:

- CKD 3
- CKD 4
- CKD 3 that has progressed to stage 4
- CKD 3 that has not yet progressed to stage 4

Malnutrition moderate to severe must be clarified:

- moderate PCM
- severe PCM
- moderate PCM that has progressed to severe PCM
- moderate PCM that has not yet progressed to severe PCM

LINK SIGNS & SYMPTOMS TO A DIAGNOSIS

Please document the cause of signs/symptoms if known:

- AMS due to metabolic encephalopathy
- SOB due to acute on chronic diastolic heart failure

Questions?

Contact Juan Patino, RN, 512.901.1614;
 Lisa Tiemann, RN, 512.901.1613;
 Nancy Wagner, RN, 512.901.1615.

SDNAMC Receives Recognition for Heart Attack and Stroke Care



St. David's HealthCare to Invest More Than \$275 Million in Central Texas Healthcare Infrastructure

St. David's HealthCare, which provides care for more Central Texans than any other healthcare system, recently announced the investment of more than \$275 million in the region's healthcare infrastructure over the next two years. The investments include the acquisition and equipping of a newly constructed hospital in North Austin for \$135 million, an initial \$20-million investment for the development of a new hospital in Leander, a \$70-million expansion at St. David's Medical Center and a \$50-million expansion at St. David's South Austin Medical Center.

"This acquisition of a new hospital in the northern region of the market, development of the new Leander facility and significant expansions at two of our largest hospitals, mark another milestone in an unprecedented era of growth for St. David's HealthCare," David Huffstutler, President and Chief Executive Officer of St. David's HealthCare, said. "As this region experiences rapid growth and as St. David's HealthCare develops additional programs and services, we are committed to expanding our network so that we may continue to meet the needs of the community with the highest quality care."

"The St. David's HealthCare announcement of a \$275-million capital investment in Central Texas is important on a number of levels. With 60,000 people moving to Austin each year, we must constantly expand our healthcare infrastructure to keep up," Steve Adler, Mayor of Austin, said. "However, capacity alone is not the answer, which is why St. David's is so vital to this region—it brings top-quality healthcare to the Austin area and helps us maintain our position as America's best place to live."

This \$275-million investment will be paid for out of St. David's HealthCare operations. No debt will be incurred by the healthcare system, and because of St. David's HealthCare's business model, no philanthropic dollars will be used to support the project.

New Hospital in North Austin

This newly constructed facility, originally built by a developer, was designed as a specialty surgery hospital. The 8.5-acre property includes a 146,381-square-foot hospital and an adjacent 80,000-square-foot medical office building. The property also includes a 500-space parking garage.

The hospital features 40 patient rooms, including 12 VIP rooms; 10 operating rooms; six-bed intensive care unit (ICU); and an emergency department, in addition to other hospital, clinical and support functions.

The opening of the hospital is expected to create approximately 130 new full-time positions, with that number expected to increase to more than 150 in the first five years of operation.

St. David's HealthCare intends to operate the facility, which will be a campus of St. David's North Austin Medical Center, as a specialty surgery hospital. St. David's HealthCare will operationalize plans for the facility over the next few months and will announce details on the facility opening in the near future.

Leander

St. David's HealthCare announced the acquisition of approximately 52 acres of land in Leander, contingent on finalizing agreements with the City of Leander. The healthcare system will initially invest approximately \$20 million to bring to Leander a healthcare facility, to be constructed in phases, beginning with a freestanding emergency department (ED) and including future plans for a full-service hospital.

The first in Central Texas to develop a freestanding ED, St. David's HealthCare will construct in Leander an 11,200-square-foot freestanding ED with 10 to 12 rooms. The facility will also feature advanced testing capabilities including radiological testing and a medical lab. It will be staffed by board-certified emergency medicine physicians affiliated with St. David's HealthCare and nurses trained in trauma care. Completion is anticipated in 2017.

The remaining plans for the site include at least one medical office building and an 80-bed hospital with the capacity to grow as the community grows.

During the emergency center's first year of operation, it is expected to hire 25 employees, including nurses, imaging personnel, laboratory personnel, registration staff and support personnel. With the future construction of the hospital, more than 200 jobs will be created.

St. David's Medical Center

The rapid growth of the world-renowned Texas Cardiac Arrhythmia Institute at St. David's Medical Center, combined with the growth of the hospital's surgical services, have necessitated the expansion of the cardiac electrophysiology program, medical/surgical bed capacity and intensive care unit (ICU) bed capacity at St. David's Medical Center. St. David's HealthCare is investing \$70 million to expand these services.

"...we are committed to expanding our network so that we may continue to meet the needs of the community with the highest quality care."

*David Huffstutler
President and Chief Executive Officer
of St. David's HealthCare*

St. David's South Austin Medical Center

With programmatic growth in areas such as oncology and trauma at St. David's South Austin Medical Center as well as the organic growth in the south of the market, St. David's HealthCare is investing \$50-million in a capital expansion project at St. David's South Austin Medical Center, which includes the hospital's emergency department and patient care room capacity. Completion is expected in late 2017 or early 2018.

St. David’s HealthCare Facilities Earn National Distinction for Excellence in Patient Safety by Hospital Safety ScoreSM

National patient safety watchdog The Leapfrog Group recently announced their latest Hospital Safety Scores. As you well know, these scores assign A, B, C, D and F letter grades to hospitals nationwide and provide the most complete picture

of patient safety in the U.S. healthcare system.

Four of our hospitals—St. David’s North Austin Medical Center, St. David’s Medical Center, St. David’s Round Rock Medical Center and St. David’s Georgetown Hospital—were awarded an “A” Hospital Safety ScoreSM. Heart Hospital of Austin’s data was not included in the study completed by The Leapfrog Group because it is considered a specialty hospital.

Developed under the guidance of Leapfrog’s Blue Ribbon Expert Panel, the

Hospital Safety Score uses 30 measures of publicly available hospital safety data to assign A, B, C, D and F grades to more than 2,500 U.S. hospitals twice per year. For the first time, the Hospital Safety Score includes five measures of patient-reported experience with the hospital, as well as two of the most common infections, C.diff and MRSA. To view all hospital scores, visit www.hospitalsafetyscore.org.

Thank you for your dedication to excellence and for partnering with us to care for and serve our community.



**St. David’s One Call
Physician Priority Line for
Pediatric Transfers
512-544-2037**

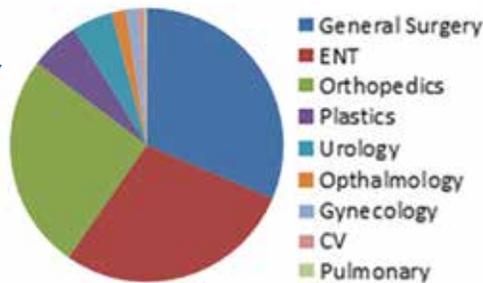
UPDATE: St. David’s Children’s Hospital

We are pleased to share the following statistics from St. David’s Children’s Hospital:

- **Patient Satisfaction** – Top 5% in HCA, Press Ganey Survey
- **Average ED Wait Time** – 11 minutes

Please join us in welcoming Dr. Tim Spence to our pediatric hospitalists pod. This summer, we are also adding three more pediatric emergency medicine physicians to our pod: Dr. Sara Bryant, Dr. John Reeves and Dr. Jessica Rankin.

Pediatric Surgeries by Specialty



Pediatric Subspecialists	Current
Plastics and Craniofacial	X
General Surgery	X
Orthopedics	X
ENT	X
Urology	X
Neurology	X
GI	X
Pulmonology	X
Cardiology	X
Infectious Disease	X
Endocrinology	July 2016

St. David’s Children’s Hospital Physician Team

- Dr. Carla Laos, Pediatric Emergency Medical Director
- Dr. Pam Ashley, Pediatric Emergency Associate Medical Director
- Dr. Lisa Clewner, Pediatric Hospitalist
- Dr. Danielle Glade, Pediatric Hospitalist

- Dr. Kelly Kovaric, Pediatric Hospitalist
- Dr. Elinor Pisano, Pediatric Hospitalist
- Dr. Tim Spence, Pediatric Hospitalist
- Dr. Taj Khan, Pediatric Intensivist, Medical Director
- Dr. N. Salman, Pediatric Intensivist

St. David's HealthCare Facilities Earn National Accreditation from American College of Surgeons' Commission on Cancer

The American College of Surgeons' (ACoS) Commission on Cancer (CoC) has granted Three-Year Accreditation to the cancer program at St. David's North Austin Medical Center and St. David's South Austin Medical Center. To earn voluntary CoC accreditation, a cancer program must meet 34 CoC quality care standards, be evaluated every three years through a survey process and maintain levels of excellence in the delivery of comprehensive patient-centered care.

As CoC-accredited cancer centers, St. David's North Austin Medical Center and St. David's South Austin Medical Center take a multidisciplinary approach to treating cancer as a complex group of diseases that requires consultation among surgeons, medical and radiation oncologists, diagnostic radiologists, pathologists, and other cancer specialists. This multidisciplinary partnership results in improved patient care.

"The dedication of our physicians, nurses and staff to providing exceptional cancer care to every patient every day has helped us achieve this accreditation, and we are pleased to be able to offer our patients this level of care," Allen Harrison, Chief Executive Officer of St. David's North Austin Medical Center, said.

HCA Named Among Most Ethical Companies

Hospital Corporation of America (HCA) has been recognized as a 2016 World's Most Ethical Company® by the Ethisphere Institute, a global leader in defining and advancing the standards of ethical business practices. This is the seventh consecutive year HCA has been honored, underscoring its consistent commitment to ethical business standards and practices.

"Congratulations to everyone at HCA for being recognized as a World's Most Ethical Company."

*Timothy Erblich
CEO, Ethisphere*

Executive Officer, Timothy Erblich.

Those that demonstrate leadership in areas like citizenship, integrity and transparency create more value for their investors, communities, customers and employees, thus solidifying a sustainable business advantage," explained Ethisphere's Chief

Executive Officer, Timothy Erblich. "Companies rely on Ethisphere to continually raise and measure the standards of corporate behavior. Those that demonstrate leadership in areas like citizenship, integrity and transparency create more value for their investors, communities, customers and employees, thus solidifying a sustainable business advantage," explained Ethisphere's Chief

St. David's HealthCare Facilities Receive Healthgrades Awards

St. David's North Austin Medical Center is a recent recipient of the Healthgrades 2016 Outstanding Patient Experience Award™, recognizing recipients of the highest HCAHPS survey scores. St. David's Medical Center—which includes the St. David's Georgetown Hospital and Heart Hospital of Austin campuses—also received this award along with the Healthgrades 2016 Patient Safety Excellence Award™.



HCA Adds Another UpToDate Option – UpToDate Mobile

HCA is adding the UpToDate **Mobile App** for all clinicians to use when providing care to HCA patients.



UpToDate is a clinical reference tool currently available today on HCA computers.

Contact your
Physician Support Coordinator, x2762
or
CPOE, x1528
for assistance.

Sharing HCA Passwords to Meditech or Portal is a Never Event

HCA has a legal and ethical responsibility to safeguard the privacy of all patients and to protect the confidentiality of our patients’ health information. As a physician, part of your role in protecting patients’ information is to not share passwords and PIN numbers for any application with your office staff. By doing so, you would be considered in violation of the Confidentiality and Security agreement that was signed and is filed in your credentialing file. Sharing passwords and pins could result in having your computer access reset and could create a disruption and delay in treating patients.

Thank you for your cooperation.



St. David's Foundation Supports Local Organizations to Improve Health and Healthcare in Central Texas

At St. David's HealthCare, we're fortunate to be part of something greater than ourselves. The care and service you provide within our hospitals extend far beyond those walls, touching countless more lives. Proceeds from the operations of St. David's HealthCare facilities fund the work of St. David's Foundation and Georgetown Health Foundation, which in turn, invest right back into the communities we serve.



In 2015, alone, St. David's Foundation gave more than \$60 million to local organizations to improve the health and healthcare of people throughout Central Texas. In December, St. David's Foundation announced that it awarded \$1 million to Capital Area Food Bank, helping that organization move closer to completion of its new facility.

Thank you for your service, which benefits not only our patients, but the communities we serve as well.

STATE LAW: Open Carry in Texas

The Texas law on open carry handguns took effect on January 1, 2016. Private property owners may decide whether to permit concealed/openly carried handguns. All St. David's HealthCare facilities continue to prohibit concealed/openly carried weapons entering the hospital and other service locations, except when carried by law enforcement officers. Hospital practices are unchanged. Other weapons are also prohibited.

Signage has been updated at all St. David's HealthCare facilities stating:

Pursuant to Section 30.06 and 30.07, Penal Code (trespass by license holder with a concealed/openly carried handgun), a person licensed under Subchapter H, Chapter 411, Government Code (handgun licensing law), may not enter this property with a concealed/ openly carried handgun.

Per law, handguns may be on the hospital premises safely secured in vehicles.

Open Carry FAQs

Who can carry openly in Texas?

Anyone who has a Texas concealed handgun license, which is now known as "license to carry," or with a permit from the other 42 states where such licenses are recognized can carry openly in Texas. "Long guns" such as rifles have been legal to carry in public, as long as not done in an alarming or threatening manner, and remain so. Adults who are not intoxicated are now allowed to openly carry a handgun except in certain locations that they are either expressly prohibited by law or in businesses that prohibit carrying of guns and display appropriate signage.

Can guns be openly carried anywhere?

No. Businesses can prohibit guns if they display approved signage. Separate signs must be posted to ban concealed and open carry of firearms. St. David's HealthCare has posted signage on all public entrances to its hospitals indicating that we do not allow firearms in the buildings. Places where guns remain prohibited include court buildings; jails; polling places; schools; race tracks; high school, collegiate, and professional sporting events; secure areas of airports; and bars. Guns are also banned in hospitals, nursing homes, churches, and amusement parks that display "no guns" signs with prescribed language. St. David's HealthCare has done this.

Through our partnership with Sarah Cannon, St. David's CancerCare is proud to extend askSARAH services to our community. This free informational resource is available for patients, caregivers and consumers in the Austin area to address their cancer questions.

askSARAH Provides Cancer Phone Resource

The askSARAH phone lines are available to help callers with questions related to cancer care, including screenings, symptoms, services and resources. The phone lines are staffed 24/7 by nurses, and calls are confidential.

Consumers, patients, caregivers and the general public may contact askSARAH at the number below to connect directly to a nurse who can help.

512-840-6032

Medical Staff Update

Ken Mitchell, MD, CMO
512-901-2500
Ken.Mitchell@stdavids.com

Amy Medrano
Director of Pediatric Development
512-968-3422
Amy.Medrano@stdavids.com

Tana Sykes
Director of Creative Development
512-983-0218
Tana.Sykes@stdavids.com

Bethany Bounds
Director of Physician Relations
512-777-9171
Bethany.Bounds@stdavids.com

